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## Inhaled Bronchodilator Medication ~ Long Acting ~

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### Other names for this medication:

- Onbrez<sup>®</sup> – indacaterol
- Oxeze<sup>®</sup> – formoterol (This is also a rapid-acting bronchodilator)
- Serevent<sup>®</sup> – salmeterol

### How does this medication work?

This medication helps the muscles around the bronchial tubes in the lungs to relax. This widens or bronchodilates the tubes and improves breathing. This medication also makes the muscle less likely to contract and narrow the tubes in response to exercise, cold air and irritants such as dust and cigarette smoke.

### How fast and long does this medication work?

- **Onbrez:** Works within minutes. The effects last 24 hours.
- **Oxeze:** Works within minutes. The effects last 12 hours or more.
- **Serevent:** Works within 10 to 20 minutes. The effects last 12 hours or more.

### How much medication do I take and how often?

Take this regularly as directed by your doctor or health care provider. Oxeze is also a rapid-acting bronchodilator and can be taken when needed to relieve symptoms fast. Follow your doctor's or health care provider's instructions.

### While taking this medication you may notice:

- fast heart beat
- headache
- heart palpitations
- problems sleeping

**Consult your doctor or health care provider if:**

- this medication does not relieve symptoms within 30 minutes
- the effect of this medication does not last for at least 4 hours
- you need to use this medication more often than usual

**If any of these occur, you may need other treatment.**

**Consult your doctor or health care provider to avoid problems with day to day life and dangerous attacks.**

**When your asthma may be out of control:**

Inhaled bronchodilator medication is safe when not overused. Frequent use is a sign that your asthma is out of control. Out of control asthma can be dangerous. Your doctor or health care provider will explain what to do if you feel your asthma is out of control.

**You must get treatment with other medications.** If you do not know what to do, contact your doctor or health care provider.